

Dream BIG!

Let's set a few goals!

Dreaming is fun, and dreaming big is even more fun! Want to get some seriously fun stuff done? Learn how to set goals and you're well on your way to making all your dreams come true!

In this funsheet, you're going to learn how to choose a goal, make it S.M.A.R.T., and break it down into cute little mini-goals. Take your time with this one. You want to make sure that your goal is something that you'll have fun achieving!

Having trouble? Be sure to involve your mom in the process! I bet she's set a goal or two in her life. She'll definitely be able to help you!

This is what we call a fillable PDF file. That means you can type in it and check off circles and other fun stuff. Rather color all over it? Totally fine; just print it out!

Type of Goal

First, let's decide on the type of goal you want to set. There's no right or wrong answer here; it just depends on what you dream big and huge about! Click the circle next to your top choice!

- Creative – paint, write, draw, dance
- Business – start a lemonade stand, create a website
- School – get a better math grade, read one book a week
- Sports – master a soccer move, try out for a new team
- Personal – keep my room clean, do all my chores
- Other – volunteer at least once a month, try something new

Creative

S

M

A

R

T

Business

S

M

A

R

T

School

S

M

A

R

T

Sports

S

M

A

R

T

Personal

S

M

A

R

T

Other

S

M

A

R

T

Mini Goals

Great job! You've chosen a goal, made it S.M.A.R.T., and now it's time to break your goal down into mini goals.

This is one of the easiest ways to make sure you achieve your goal. Instead of hoping you make all the right moves, plan the steps you'll take to make that dream a reality!

Step 1

Step 2

Step 3

Step 4

Step 5

Step 6

Step 7

Step 8

Step 9

Great job!

You did it! You've now have at least one goal that you can work on! You might even have several.

Now the fun really begins: you get to track your progress with charts and color and stickers and anything else you choose!

Go celebrate your accomplishment; you rocked it!